

Benicia Bicycle Club

P.O. Box 141

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The Road Marshal: Message from the President

It's time to set your goals and get your base miles in so you can start your training. This is the time of the year to get out there. The pace should be moderate for some nice, enjoyable group rides.

Make this a strong healthy and safe season. Pick your rides and sign up early. Chico Wildflower, Monticello Solano Century, Wine Country Century and Napa Century are upon us.

Club Memberships are due, \$15.00 per Family and we also have club hats available for \$13.00 each, with T-shirts on the way.



Prez "Sugar Joe" Marks & wife Juliet

Welcome New Members!

Edward Wallace

David & Deb McGrath

Leroy Foster

Becky Felker



From your Intrepid Editors

Ah winter—don't you just love it? Each week brings different weather. Riva is a fair-weather gal, and she's been riding distance and hitting the gym, training for Cinderella. Sherri is more disciplined, and can be seen on the weekday rides. If you can't get out, spinning is an option, or just good old cardio and weight training. Spring is on its way, though, and we all can dream about the rides that await us when the weather improves.

Newsletter Contributors

Thank you for your articles, photographs and your moral support! Our Spring 2008 Newsletter is a team effort. Special thanks to Joe Pritchard, George Villareal, Mark Birnbaum, Joe Shami, Mick Weninger, Bill Schmidt and John Delfin.

Sherri and Riva



The Hats are In!

Extra! Extra!

The Hats are now available for purchase. We have ordered 44 of them, and the first lot have come.

They are \$13 apiece, and you can acquire your very own BBC Club Cap from Bob Klosterman, Ed Brennan or Joe Marks, with cash or a check.

It's first come, first served. Ed will have the full order after the March meeting.

Come and get'em while they're hot!



Printing Compliments of



SOLANO PACIFIC

BBC Members on the Go!

Aids Lifecycle Ride 2008

BBC member Danilo Tablan will be participating in the 2008 Aids Lifecycle Ride...

"Between now and June I will be training in the Bay Area to prepare myself physically and mentally for the challenges of the ride. But you have an extremely important role to play in this event as well. I need your donations and support to make it all worthwhile. I've set a personal fundraising goal of \$2,500 - can you help me achieve this goal Thank you so much for your generosity"

For more information and to donate:

<http://www.aidslifecycle.org/2457>

Congratulations to Laurie Fenech!

BBC member Laurie Fenech had a successful year of racing in 2007. She races for the Mako Club out of Marin.

Laurie won the Northern California-Nevada Cycling Association trophy for the best all-round rider in the Cat-3 Women's category. She also raced in the Bay Area Women's Racing Series. This is a points series that combines six existing



Laurie Fenech at the Benicia Town Race September 9, 2007. Photo by Ed Matthews.

races on the NCNCA racing calendar into an overall series. Laurie came in 2nd, just barely out of 1st place.

Details: <http://dev.ncnca.org/barbat/Wpoint07.shtml>

www.bawcycling.com/series.html

Laurie is the 2007 NCNCA District RR Champion for women 50+ and came in 2nd in the Criterium. 2008 is starting out well too. On New Year's Day, she beat all 34 women (14 of them in her Cat 1-2-3 category) at the San Bruno Hill Climb.

—Joe Pritchard



Time Trials

The Club Time Trials will be starting back up on April 2, 2008. Same place, same time (Lopes Road, 6 p. m).

This is an excellent opportunity to give yourself a starting baseline. This can be used as a gauge to see how well you improve throughout the year. You don't have to have a fancy bike to do one of these. Just bring your regular cycling stuff and lots of determination.

If you have never done a Time Trial before and would like to



Time trials at Vista Point on Lopes Road (Photo by John Delfin)

participate in a "What I need to know" clinic, just write to beniciabicycleclub@gbvilla.cnc.net and we can get one going.

We have also updated the club's Time Trial website page to the best of my knowledge. If you have participated in previous time trials please review it for accuracy and let me know if we need to change anything. If you are also not listed under the "Personal Best" category and want to be included just provide us with the information.

—Joe Pritchard

—George Villarreal

<http://www.gbvilla.cnc.net/Time%20Trials.htm>

New Year's Day Ride at the State Park

Photo by Joe Pritchard

Joe Brewster 4/19/1946 - 1/3/2008

Joseph "Joe" John Brewster, 61, passed away at home with his family at his side on Jan. 3, 2008 after a courageous battle with cancer.

Born to Albert and Catherine Brewster in Boston, he grew up in Wilmington, MA. A Vietnam War veteran, Joe served in the U.S. Navy for 6 years. He earned a B.S. degree in 1981, an M.B.A. in 1983 (both from Golden Gate University), and obtained his C.P.A. in 1993.

His professional career was as a government auditor. He worked for Navy Audit, the Department of Health and Human Services, as well as Social Security, and retired as Regional Inspector-General for Auditing with General Services Administration in March 2006. For several years, he was a part-time mathematics professor at Golden Gate University in Walnut Creek.

Always generous with his time and talents, Joe previously served as Men's Club President at St. Basil's School and as President of the School Board at St. Patrick-St. Vincent High School. Professionally, he was the past President of the Association of Govern-

ment Accountants and served as chairman of various committees for that organization. He was a former member of the Vallejo Elks Lodge.

He was preceded in death by his parents and his eldest brother, Albert. He is survived by his wife of 37 years, Cecile; children, Ann and Mark; beloved grandchildren, Joe and Katie; brothers, Arthur and Donald; sister Kay Turner; and numerous nieces and nephews.

Joe enjoyed traveling, doing home improvement projects and was always available when anyone needed his help. His passions were his family and cycling. He was happiest spending time with his family, riding with the Benicia Bicycle Club, and working on his bikes. He will be sorely missed by those who knew and loved him.

A memorial mass was offered on Saturday, Jan. 19 2008 at St. Basil the Great Catholic Church in Vallejo.

Memorials in Joe's name can be made to Kaiser Hospice or to the Mesothelioma Research Foundation of America, 5716 Corsa Ave., Suite 203, Westlake Village, CA 91362.

—Mick Weninger

Memories of Joe Brewster

Joe Brewster, also known as "Boston Joe" was diagnosed with mesothelioma, an asbestos-related cancer of the lining of the lung (pleura) and, after a prolonged fight, left us on January 3, 2008.

Joe was a long-time member of the Benicia Bicycle Club (my records only go back to 1996). In my memory, he was our second treasurer, taking over the office from Angie Beckham. During his tenure he was instrumental in obtaining the club's incorporation papers.

This picture was taken at the Moskowitz Corner rest stop during the Club Century on September 29, 2002. He was always smiling and greeted each and every rider on our rides. He was a pleasure to ride with! He always looked out for the slower riders, often riding with them and offering encouragement.



Each of us who rode with him has our "special" memories of Joe, whether it was on a Century ride, club ride or casual ride around Benicia and Vallejo. I remember the time he dropped his hankie into his rear derailleur and he came to an abrupt stop; but the incident that I remember most was while returning from a ride into Fairfield on the bike path, my front wheel flatted on a sharp left turn. The next thing I remember, I was lying on my back, helmet cracked, I looked up at him and he asked me, "Why did you do that?"

It was several years ago that he stopped riding. The disease and chemo treatments prevented strenuous activity but he wanted to stay active, and, whenever he was feeling good Mick Weninger, Nancy Lund and I would meet him at the Vallejo Ferry building to do a walk. He and I shared stories about our grandchildren. He will be missed.

Bill Schmidt
BBC President from 1997 to 2005

Bay in a Day North

The first century of the year is always something special. A time to re-acquaint oneself with the experiences that come with spending long hours on the road, with only the bike, the scenery and one's own thoughts as companions. There is the mental work involved in getting oneself into the proper "I can do this" frame of mind, the psychological shift whereby you tell yourself that a century is really no big deal. And of course, there is the effort involved in just getting oneself on the road in the first place, when the weather is cold and the days are short.

President's Day seemed like a good day to start out the season. Since it was the third day of a three-day weekend, I figured the roads should be relatively quiet, since many folks would either be out of town, or staying home, doing stuff around their houses. We pulled out of the house at 6:45 a.m., did the northern and eastern perimeter of Novato, and hit Hwy. 37 at 7:15. Having ridden Highway 37 probably seven or eight times previously, in the process of developing and riding Bay in a Day, it was now an old friend. Traffic was relatively light, the shoulders were pretty clean, and there were loads of birds in the marsh areas next to the road. There were thick low clouds, so the temperature was cool, without being freezing, and there was no problem with having the sun in my eyes.

After an uneventful transit, we left 37, rode through Mare Island, over the bridge into Vallejo proper and along the channel between Vallejo and Mare Island. It's always nice to watch the waterfront go by. After a few more miles, we got on the path leading to the Zampa Bridge. This has to be the only bike path ever built by Caltrans that is actually pleasant and safe to ride. The views from the bridge were good, but not great, due to the low clouds.

Entering Crockett, we crested San Pablo Ave, and had a pleasant ride into Rodeo. For the last several years, they've been reconstructing the streets in Rodeo. They have finally finished, and have done a nice job. Good looking islands and Class II bike lanes all the way through town.

Hercules and Pinole were next, as we proceeded west on San Pablo. Hercules seems to add a tract or two every time I go through there. Turning south in Pinole, we made the first rest stop (mile 33) at the Standard gas station. A quick bathroom break and a banana, and back on the bike, heading south through Pinole. To save time, I ate the bagels and almond butter as we rode along, instead of stopping to eat them.

Pinole Valley Road ended at Castro Ranch Road, and we turned west towards Richmond. Since getting off the Zampa Bridge, we'd been following the Grizzly Peak Century route, in reverse, and would continue to

do so until we reached the Orinda BART Station, at about mile 50 or so. Castro Ranch Road ends at San Pablo Dam Road, and here we turned south for the run to Orinda. We picked up a mild tailwind, so the uphill ride was made a bit easier and faster. Just before 10:00 a.m., we pulled into the Orinda BART station. After buying a ticket, I went to use the restroom. While inside, I heard a train arrive. Climbing the stairs as quickly as possible, I was overjoyed to see that it was a San Francisco train. Attempting a sprint, (not easy in cycling shoes) we were able to get in a second or two before the doors closed and the train took off. In all past rides where I've picked up BART, there has always been a wait of 15 or 20 minutes for a train, so this will obviously never happen again.

The ride to Daly City seemed to take forever. Luckily, the train was only half full, so I was able to get a seat the whole way. At 10:50 a.m., we pulled into Daly City, and within a minute or two, we were coasting down John Daly Blvd., towards Skyline. Traffic on Skyline was light as we headed north, towards San Francisco, which we entered in short order.

Once in the City, we turned onto the Great Highway for the northward run along the coast, which is always a treat. The weather was improving, and the tip of the Pt. Reyes Peninsula was visible off in the distance. Traffic on Great Highway was the lightest I've ever seen, a real pleasure. At JFK, we turned into Golden Gate Park, which was also semi-deserted. After a mile or so, I ran into another cyclist, and we had a pleasant chat, until I turned off on 29th Ave, to exit the park. 29th led to Cabrillo, which led to 25th, which led to Lincoln, which climbed the hill, through the Presidio to the Golden Gate Bridge parking lot. Here it was crowded, with tourists, cyclists and pedestrians. After a quick pit stop and banana #2, it was time to cross the Golden Gate Bridge, back to Marin County.

No matter how many times I cross the Golden Gate Bridge by bike, it always evokes a special feeling. Not sure why. The bridge was moderately full of cyclists going in both directions, but the crosswind wasn't bad, and the weather continued to improve, as the clouds burned off. Once on the bridge, I could see the beach where we'd eaten lunch 24 hours earlier, while on a Sierra Club hike. Amazing.

The coast down into Sausalito was great, as always, and we pulled into town at 12:00 noon, a half hour after the Tour of California riders had left. Sausalito passed quickly, and we were soon on the bike path leading into Mill Valley. Like so many other parts of the ride, there were very few people out on the path, making for a pleasant ride. At the end of the path, we headed east on Blithedale, crossed over Highway 101, and headed down Tiburon Blvd. towards what I hoped would be the one place to buy food on the ride.

(Continued on page 5)

Essential Riding Skills

In a previous Benicia Bicycle Club Newsletter (October/November 2007), I told how a stranger gave me an unsolicited but very beneficial lesson on cornering near the top of Mt. Diablo.

One of our illustrious editors, Riva Flexer, gave the article the title "Joe Shami on the Art of Cornering." I really liked that title, even though I had nothing to do with choosing it. Later, I looked up "Art of Cornering" on the Internet using Google to see if anyone else claimed it. I found a helpful article on "Expert Cycling Advice – Essential Riding Skills" from REI, the chain of outdoor equipment stores.

The REI article has sections entitled, "The Art of Balance," "The Art of Pedaling," "The Art of Shifting," "The Art of the Line," and "The Art of Cornering." All of them can be accessed by clicking on the link below. A separate article covers "The Art of Braking," which can also be accessed via the same link.

www.rei.com/learn/Cycling/rei/learn/cycle/clskillsf

—Joe Shami

Editors' Note: Speaking of Cycling Skills, John Delfin worked hard this past year. He still doesn't know how he got there, but obviously he made it!

doing the China Camp loop, the last along-the-Bay portion of the ride. The views got better and better as we proceeded around the loop, to the last pit stop/food stop. At Buckeye Point, we took a short break, to kill off the last treat from Sweet Things, a chocolate/espresso triangle. Cycling without junk food is a poor excuse for recreation.

Back on the bike, we finished off the loop, went by the Civic Center, and worked our way through the Northgate, Terra Linda and Marinwood areas. This is part of the daily commute, so I know every pothole and bump in the road. We were getting close. At the top of the final hill, in southern Novato, I looked through the gap in the hills, and could clearly see the Zampa Bridge in the distance. We had literally come full circle. 20 minutes later, at 3:35 p.m., we pulled into the driveway.

It had been a most pleasant ride. A good first step towards getting into physical and mental shape to tackle the upcoming rides in the season ahead.

— Mark Birnbaum

Are You Night Ready to Ride?

The California Vehicle Code regulates the safe operation of bicycles on highways and roadways, and during hours of darkness, requires the use of an illuminated lamp and certain specified reflecting devices.

AB478 (Wolk) which was approved by the Legislature and signed by the Governor in the autumn of 2007 expanded the requirement of the places where the operator of a bicycle is required to use an illuminated lamp to also include multi-use pathways.

Since the Vehicle Code requires operators of bicycles to also have reflectors on each pedal, AB478 expanded the options to include having reflectors on his or her shoes or ankles. Any bicyclist in violation of the vehicle code is disobeying a state law. AB478 was co-sponsored by the California Bicycle Coalition and the Sacramento County Sheriff's Association. The Marin County Bicycle Coalition supported the legislation as visibility of bicyclists is an important component of promoting bicycle-safety.

—Bill Schmidt

Editors' Note—this means that you will need to use front and rear lights, as well as reflectors on your shoes or ankles. If you have reflectors on your pedals, that is acceptable.



(Continued from page 4) Bay in a Day

The stars were aligned correctly, and Sweet Things Bakery was open. After 70 miles or so, fatigue was setting in, but a piece of Hungarian coffee cake and an apricot bar gave a great boost, at least for a while. It was tough to start out again, but there was no alternative. Continuing on Tiburon Blvd. we rolled through downtown Tiburon, did the Paradise Drive loop, with its spectacular views of the East Bay, the Richmond-San Rafael Bridge, and came out in Corte Madera. Skirting the shopping centers, along the water, we continued north, into Larkspur, past San Quentin, and down Andersen Drive, into San Rafael. Passing under Highway 101, we were soon on San Pedro,

Upcoming Ride Schedule March 2008— Early May 2008

3/1/2008 Death Valley Century and Double Century - Spring
 3/2/2008 LA Bike Tour Los Angeles Marathon
 3/8/2008 Solvang Century & Half Century SCOR
 3/15/2008 Tour de Sewer Bell Gardens Lions Club
 3/15/2008 Tour of Borrego R&B Bicycle Club
 3/16/2008 Solvang Spring Tour Planet Ultra
 3/29/2008 Solvang Double Century (Spring) PlanetUltra
 3/30/2008 Tour of the Unknown Valley- North Chico Velo Club
 4/5/2008 Cinderella Classic Valley Spokesmen
 4/5/2008 El Tour De Phoenix Perimeter Bicycling Ass. America
 4/5/2008 Hemet Double/Single Century Watrous Cycl. Ent.
 4/5/2008 Party Pardee Century Sacramento Bike Hikers
 4/5/2008 Stagecoach Century, Spring Shadow Tour LLC
 4/12/2008 Mulholland Challenge Planet Ultra
 4/12/2008 Mulholland Double Planet Ultra
 4/12/2008 Zion Canyon 200k Brevet Color Country Cycl. Club
 4/17/2008 Sea Otter Classic Cypress Group
 4/19/2008 Alta Sierra Challenge Kern Wheelmen
 4/19/2008 Bike Around the Buttes Benefit local Diabetes Soc.
 4/19/2008 Greenfield Nocturne 300k Santa Cruz Randonneurs
 4/19/2008 Rosarito Ensenada Bicyling West
 4/19/2008 Tierra Bella Century Almaden Cycle Touring Club
 4/20/2008 Primavera Century Fremont Freewheelers
 4/22/2008 Katy Ram Challenge Ram Band Boosters
 4/26/2008 Devil Mountain Double Century Quackcyclists
 4/26/2008 The Alpine Challenge Alpine Kiwanis Foundation
 4/26/2008 Wildflower Century San Luis Obispo Bicycle Club
 4/27/2008 Monster Cookie Metric Century Salem Bicycle Club
 4/27/2008 The Wildflower Chico Velo Cycling Club
 4/27/2008 Tour of the Tucson Mtns. Perimeter Bicycl. Ass.of Am.
 5/3/2008 Breathless Agony Ride Santiago Cycling
 5/3/2008 Fiesta 150 Orange County Wheelmen
 5/3/2008 Wine Country Century Santa Rosa Cycling Club
 5/4/2008 Delta Century Stockton Bike Club
 5/4/2008 Grizzly Peak Century Grizzly Peak Cyclists, Inc.
 5/4/2008 Shasta Wheelmen Jamboree Shasta Wheelmen
 5/4/2008 The X Rides TGFT Productions / Bike the West
 5/10/2008 Bicycle Tour of Utah Cycling Escapes
 5/10/2008 Central Coast Double BMS Cycling

Minutes of the BBC Board January 8, 2008

Meeting called to order at 7:15 p.m.

Those in attendance are Joe M., Bob K., Joe P., Ed B., Mick W., Sherri B., Barbara W., Nancy L., and Riva F.

Joe asked Mick to speak of Joe Brewster who died of cancer. Mick told us what he know of Boston Joe. Barbara W. had input also.

Barbara W. is going to discuss putting on a Metric Century with Bob K.

Bob K. gave a treasury report. Pete will be getting flowers for Joe B.'s memorial and BBC will cover the cost.

Bob K. said we have to have an official email notifying club members of the meeting each month. Joe M. will have George send one out.

This Saturday Mark B. is leading a ride in Marin. Discussion. Meet at Mick's house at 7:15 to carpool.

Barbara is leading a ride for Valley Spokesmen on 1/9. Meet at the B Street parking area at 10:00.

Ed says we have a stock of clothing. Misc. pieces. He has a check from Craig S. for a long sleeve order. It's too late for that, so will give Craig back his check.

Joe checked out club hats. \$16.00/hat. Still waiting for information from Star Sports on t-shirts. We discussed putting our web site on the back of the hat and some biking design on the front. Discussion. The club authorized Joe to order 48 hats-design on front at his discretion.

We'll possibly have an orthopedic surgeon coming to speak at our Feb. or March meeting.

Amgen tour coming up on Feb. 14. Discussed scheduling a ride to watch them ride by.

Time Trials will start up when daylight savings time changes.

Elizabeth Patterson is a cyclist. Nancy wants to make her an honorary member. She would like to join us for a ride, with women only. Nancy will work on ride with Mayor.

Discussed the email received from Pete VS regarding promoting products through the club.

The Crit is possibly scheduled for the weekend after Labor Day. Crit would be on Sunday. Discussion.

Sherri B. nominated Joe M. for President. Barbara W. seconded it. A vote was taken of the attending members and all were in favor.

Discussed how much fun the Christmas Party and Halloween Party were. Everyone appreciated them and had great fun.

Winter tour is coming up. Cinderella is in April. Discussed various rides.

Discussed Laurie F.'s success in her racing endeavors. She won her race on New Years Day. She has won many, along with district races. Very impressive! Discussion.

Meeting adjourned at 8:15p.m.

Respectfully submitted,

Sherri Bortolazzo

Mark your calendars!

GIANT BAY AREA BICYCLE SWAP MEET
 Sunday April 6th - 1 to 4 p.m. at Dublin High School
 Village Parkway and Brighton Drive in Dublin.

Space and admission is free.

Take I-680 North or South, exit Alcosta Blvd, go East to Village Parkway, turn right, then turn left into parking lot on your left at the school on Village Parkway. The lot on Brighton is closed because of school construction.

Come and swap, sell & buy everything for bicycles — parts, clothing and complete bicycles.

Club Stuff

Regular Club Rides

Tuesdays and Thursdays @ 9:30 AM: Meet at Raggs Coffee shop, corner of 2nd St. and Military East. Tuesday rides go to Martinez via the Zampa Bridge, and Thursday rides go to the Valley Café in Fairfield. Both have optional distance rides. These are no-drop rides.

Saturday @ 8:00 AM: Meet at Benicia St. Park, at the end of Military East. The ride goes through Benicia to Lake Herman Rd and then to Fairfield ending at the Valley Café. There are alternate longer routes and routes for the recreational rider as well. This is a no-drop ride.

Sunday @ 8:00 AM: Meet at Benicia St. Park, at the end of Military East. This is a 40 mile ride to Martinez with 2,000 ft. of climbing, stopping at Starbuck's to refuel before returning. This is a no -drop ride.

Slower riders: If you are feeling intimidated and prefer a slower pace, Sunday morning rides often have slower riders. For info, contact Riva at riva.flexer@mail.mcgill.ca

Mt. Diablo Ride: Wednesdays: Meet at Heather Farms Park (Ygnacio & San Carlos Dr.) @ 2:30 p.m. & ride at 3:00 p.m. . We park in the first parking lot on your left past the swimming pool alongside the lake. Back 6:30-7:00PM. Bring something warm to wear for the descent. Up Southgate and down Northgate and back is 38+ miles, ~4,000 ft of climbing.

BBC Monthly Meeting: Held on the first Tuesday of the month at 7 p.m. at Farnsworth Cycles, located at 976 Lincoln in the Benicia Arsenal Industrial Park.

Looking for more rides? More company?

Valley Spokesmen www.valleyspokesmen.org
Diablo Cycling Club www.diablocyclists.com/
Eagle Cycling Club www.eaglecyclingclub.org/

Food and Friendship at Pappas' in Benicia on New Year's Day 2008. The conference room was positively jammed!

Looking forward to the next big Club event — the BBC Barbecue — to be enjoyed in summer 2008. This potluck is well-attended, and is



Picture by Joe Pritchard

a fitting end to the challenging BBC Barbecue Ride!

Minutes of the BBC Board Feb. 5, 2008

Those in attendance are Riva F., Sherri B., Ed K., Joe M., Bob K., Steve B., Marwin R., Mick W., Ed B., Joe P., Nancy L., and Barbara W.

Joe M. called the meeting to order.

Treasurer report was given by Bob K., Most of the members have paid their dues. Approx. 24 left to pay.

Bob K. read the thank you card from Cecile Brewster regarding the donation in memory of Joe Brewster. We received newsletters from the Valley Spokesmen and from Monticello Bike Club. We passed them around to look at. Discussed the Cinderella Classic. Bob K. discussed the Pile Driving Party, if it happens. He will advise.

Ed B. says we have a stock of clothes of various sizes. We still need to return Craig S. check to him, as we have no long sleeve order.

Riva spoke about socks. She will look at prices. We discussed different companies that would make socks.

Joe M. talked about the hats. He had 3 samples. We're going to buy 48 hats, and sell them at \$13.00 each.

Joe P. says Time Trials start in April. We have 2 months of training time.

We have Dave McGrath as a guest. He makes cycling jerseys and showed us some of his stock.

Tomorrow Barbara is going to Sausalito to a committee meeting for the Amgen Tour of California. She has some posters we need to put up throughout town.

Discussed Sheldon Brown. He died of a heart attack. He had a website regarding cycling. He was a treasure trove of information.

Nancy L. said that 2/6 is International Spin Day. Is anyone spinning tomorrow?

We voted on the hat design. Discussed price of hats. Voted on price-we will charge \$13.00. Joe M. is working on T-shirts also.

Joe P. is racing in the Cherry Pie race in Napa.

Nancy L. discussed support from our club for the Cinderella Classic ride to be held on 4/5/08. Nancy will send out an email for volunteers. Bob K. has volunteered for two years now and stated that it's really fun.

Discussed a club ride to watch the Amgen Tour of California, as in the previous two years. Joe P. will put out an email.

Nancy L. spoke about her Cinderella Challenge pre-ride on Monday and that Amgen Tour signs were already out.

Meeting was adjourned.

Respectfully submitted,

Sherri Bortolazzo



FROM:
Benicia Bicycle Club
P. O. Box 141
Benicia, CA 94510

President: Joe Marks
Treasurer: Bob Klosterman
Editors: Riva Flexer/ Sherri Bortolazzo
Publisher: Bill Schmidt
Web Master: George Villarreal

TO:

The Road

ANYBODY WANNA RIDE?

JOIN THE BENICIA BICYCLE CLUB!

BENICIA BICYCLE CLUB
 MEMBERSHIP APPLICATION

Membership Dues - \$15.00 for individuals or families. Membership runs for 12 months. Please Complete and Mail to:

Benicia Bicycle Club
P. O. Box 141, Benicia, Ca. 94510

Please accept my application for membership in the
BENICIA BICYCLE CLUB

Enclosed is: \$15.00 for membership. Make your check payable to:
BENICIA BICYCLE CLUB.

NAME _____
 ADDRESS _____
 CITY _____ ZIP _____
 PHONE _____ E-Mail _____
 E Mail Address _____

RENEWAL Yes No-New Application

Do you want the club to restrict access to this information? Yes
 No

If this application is for family membership, please indicate names and ages of all family members, including minors.

In consideration of the acceptance of my application I, for myself, my heirs, executors, administrators, successors and assigns, wave, release and discharge all claims for damages resulting from death, personal injury or property damage which I may have, or which may hereafter accrue to me as a result of my participation with this organization. I understand this release is intended to discharge and release in advance, the BENICIA BICYCLE CLUB, its members and their respective agents, officers, officials, servants and representatives, and any involved municipalities and their respective agents and employees from and against any and all liability arising out of or connected in any way with my participation with this organization even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents occasionally occur during bicycle rides and that participants in such events occasionally sustain serious personal injury, death and/or property damage as a consequence of that participation. Nevertheless, knowing the risks of bicycling, I, for myself, my heirs executors, administrators, successors and assigns hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who, through their negligence or carelessness, might otherwise be liable for damages.

I ALSO AGREE TO WEAR A BICYCLE HELMET ON ALL CLUB RIDES.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE BENICIA BICYCLE CLUB AND SIGN IT OF MY OWN FREE WILL.

DATE _____ AGE _____
 SIGNATURE _____

NAME:	SIGNATURE:	AGE:
_____	_____	_____
_____	_____	_____
_____	_____	_____