
◆ BENICIA BICYCLE CLUB NEWS ◆

850 SOUTHAMPTON STREET, BENICIA, 745-5075

December 1993

Brett Wakefield steps down as Benicia Bike Club President

In the November 3rd meeting we nominated and elected a committee to fill Brett's big shoes. During the winter months Deedee Vierra will be acting as President. After ski season Barbara Wood will be taking over. As Brett hands over the con to Deedee and Barbara he will be greatly missed. However, whenever Brett is not busy Piloting ships in and out of the L. A. Harbor he will still try to stay active in the club. Thanks Brett and clear sailing.

Other officers that were placed in office this meeting were George Shelhorn, Vice President, and Alex Mines as Ride Coordinator.

Welcome Four new members

The Benicia Bike Club welcomes new members Thomas and Mary Branch, Mary J. Cooper, Alex Mines, and Mary Cooke. Alex was a member for only one day and volunteered to become our ride coordinator. Hopefully with the addition of enthusiastic riders our 1994 season will offer more new and exciting rides. See questionnaire submitted by Alex and be sure to fill it out so he can schedule a more eventful riding season for next year.

Weekly ride

Every Wednesday Debra O'Brien leads a ride for the Sierra Club. If you wish to join her call 510- 234-6736 and her message machine will fill you in with the details. Each ride 30-35 miles and they do stop for lunch!

Yountville-Calistoga ride

October 31st seven Benicia Bicycle Club members and two associates set out on a leisurely 42 mile jaunt from Yountville to Calistoga for lunch in the park and back. Thanks to Brett for the perfect weather and all-around great ride.

December 1st Club Meeting and Pizza Party 7 PM

We now have over forty members in our club. If everyone planned only one ride for next year we will have a ride planned for almost every week of the year. If you are not sure about what it entails to lead a ride plan to attend our next meeting on **December 1st, 7 pm**, at the **Round Table Pizza Parlor**, located at the Southampton shopping center in Benicia. The meeting will be held in the back room. Please note the new time for the club meeting/ party.



New Years Annual Rain or Shine Biscuit and Gravy Run -

Bill Goshorn is already planning this yearly extravaganza. *Seems as though we have more eating events planned for this time of year than riding events. We will have to plan more riding events for December to work off the turkey dinners. Hope everyone had a nice Thanksgiving.*

Treasury report as of Nov.

Debits-\$13.00 for October mailing.

Credits- \$16.00 for membership dues Mary Cooke- 11/1, Alex Mines-11/3

Total—\$278.00

Presidents Report (fair weather)

NEXT YEAR:

Introduction rides for beginners and for those who enjoy a very leisurely pace 10-15 MPH. THE FIRST SATURDAY OF EVERY MONTH to be designated as LEISURE SATURDAY. Examples of leisure rides would be:

Around Benicia, to the industrial park and back. Pierce's Harbor for breakfast.

Napa Valley: valley floor, Silverado trail.

Solano college: up Gorden Valley, back Wooden Valley, Muffin at Myrna's.

Delta: preferably without the wind.

Tiburon to Sausalito and back.

We hope Ken will lead his Historical tour of Benicia again next year.

SATURDAY RIDES moderate pace 35-50 miles

May: Lake Hennessy loop which we did last year.

June: Marin cheese Factory loop, again we did this last year.

Aug.: Sonoma Count Co., Cotati ride

SPECIAL RIDES FOR 1994

New Year's Day rain or shine 6th annual Pierce's Harbor ride

Lake Tahoe: Last weekend in September 6th annual

BWOW 2nd annual TBA.

REWARDS FOR CLUB MILES

patches will be awarded to those meeting the following criteria:

Ride at least 200 miles on official club rides. Official rides are those listed in the newsletter so that everyone has an opportunity to participate.

SUPPORT YOUR LOCAL RIDE LEADERS. WE NEED ENCOURAGEMENT TOO.

Benicia Shuttle-Martinez-Crocket loop

November 14th eight members braved the high winds and brisk temperatures to enjoy a scenic leisurely ride with a spectacular view of the Carquinez straights. Thanks to our fair-weather president (Barbara) for leading this great ride.

New member Irvin Starr who rode on this ride also attended a Sierra Club ride lead by Debra O'Brien. Irving said "Debra's ride that started from the Justin Herman Plaza in San Fransico and looped from Tiburon was one of the most scenic rides he has ever taken". Irvin has been volunteered to lead this same ride sometime next year.

Presidents Report-(foul weather)

INCENTIVE PROGRAM

Now more incentive to get out and ride or lead a ride—Deedee has offered gift certificates for those who accomplish 500, 1000, or 2500 miles with the club during the 1994 riding season.

- 500 miles = \$25.00
- 1000 miles = \$50.00
- 2500 miles = \$100.00

- This incentive program will start January 1st, only rides that are listed in the newsletter will be counted. *Anybody that has any ideas for rides next year should give me a call (645-9923) so we can take advantage of this generous offer.*

CHRISTMAS ORDERS

Anyone who wants to order anything special for Christmas from the **Bayside Cyclery** should get their order in by December 10th so Deedee can get your order in on time.

ADOPT A GREYHOUND DOG. Many of the dogs bred for racing simply aren't fast enough. Unlike bicyclists, it isn't just a matter of the other dogs belittling their efforts, they are euthanized. Save them! They make wonderful pets. Talk to Deedee at Bayside Cyclery to make a friend for life.

Vice President's/ Newsletter Guy report

I've only been a member of this club for a short time (8-months). For me it was a great year, my riding has improved by a large margin due to the inspiring energy and encouragement displayed by Benicia Bicycle Club. Next year looks to be even greater. With the addition of new enthusiastic members, club patch and gift certificate incentives I believe 1994 will truly be an evenful year. My goal for next year is to ride the Davis Double and learn Word Perfect 6.0 for windows.

In order to qualify for all of these great incentives we have to get the rides and information in the newsletter. Also it is important to fill out the enclosed questionnaire supplied by Alex so he can start coordinating our next years rides.

I'm looking forward to riding with more of you next year, keep peddling.....you can also drop off info at Studio 41, 739 First St. Benicia, (10% discount for club members) we are there 7 days a week...George—645-9923.

CLUB OFFICERS

PH

- PRESIDENT**—Deedee Vierra.....747-1
- (summer)** —Barbara Wood.....745-63
- VICE PRESIDENT**—George Shelhorn.....645-992
- NEWSLETTER**—G. Shelhorn
- RIDE COORDINATOR**—Alex Mines.....745-6149

RIDE CLASSIFICATIONS

PACE

- L**-Leisurely, many rest stops up to 10 mph
- M**-Moderate, occasional rest stops, 10-15 mph
- B**-Brisk, few stops, 15-18 mph
- S**-Steady, strenuous pace, 18-21+ mph

TERRAIN

- 1**-Flat-few easy grades (Marshview, Lopes Road)
- 2**-Rollers-gently rolling hills (Carquinez Scenic Highway)
- 3**-Moderate-some hills (Lake Herman)
- 4**-Hilly-with some relief (Mt. George)
- 5**-Mostly steep-Mt. Diablo, Mt. Tam.)

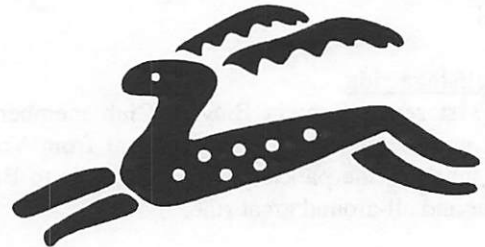
UPCOMING RIDES

For the month of December there are no scheduled rides. The next scheduled ride will be on **January 1st**. This is Bill Goshorn's 6th annual Pierce's Harbor ride. Be sure to check the ride board at the Bayside Cyclery for details.

DECEMBER 1ST'S MEETING AND PIZZA PARTY

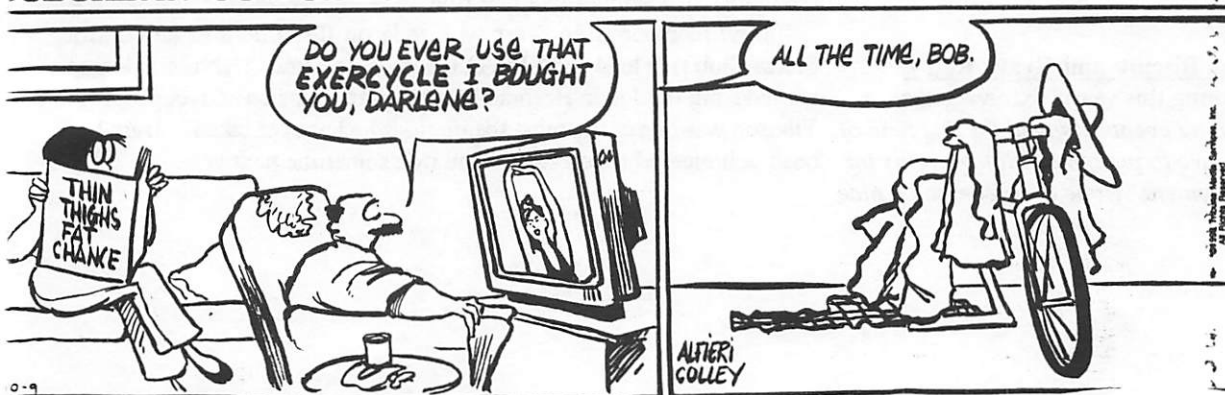
7P.M SEE YOU THERE

HAVE A GREAT THANKSGIVING



MERRY CHRISTMAS & HAPPY NEW YEAR

SUBURBAN COWGIRLS



*Let's keep in shape for next year! for Happy trails
Guy*